WHAT IS CLAIMED IS:

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- 1. A composition comprising a particle including a core and a shell, the core including a metal carbide and the shell including a carbon nanoparticle on at least a portion of a surface of the core.
- 2. The composition of claim 1, wherein the metal carbide is silicon carbide.
 - 3. The composition of claim 1, wherein the carbon nanoparticle includes fullerenic carbon.
- 4. The composition of claim 1, wherein the shell covers at least 50% of a surface of the core.
 - 5. The composition of claim 1, wherein the particle includes at least 2% by volume carbon nanoparticles.
 - 6. The composition of claim 1, wherein the shell has an average thickness of at least 2.5 nanometers.
- 7. The composition of claim 1 wherein the particle has an average diameter of less than 100 micrometers.
 - 8. The composition of claim 1, wherein the carbon nanoparticle includes a single-walled or multi-walled carbon nanotube or a nanofiber chemically attached to the core at at least one end.
 - 9. The composition of claim 1, wherein the carbon nanoparticle includes a carbon nanotube or carbon nanofiber open at an end.
 - 10. The composition of claim 1, further comprising a coating of metal or metal oxide on the carbon nanoparticle.
 - 11. A composite abrasive particle comprising a core and a shell, the core including a metal carbide and the shell including a carbon nanoparticle on at least a portion of a surface of the core.
 - 12. The composite abrasive particle of claim 11, further comprising a coating of metal or metal oxide on the carbon nanoparticle.

- 13. A grinding or finishing product comprising the particle of claim 1.
- 14. The product of claim 13, wherein the metal carbide is silicon carbide.
- 15. The product of claim 13, wherein the product is a grinding wheel, a cutting wheel, a coated abrasive or a suspension of abrasive particles in a liquid.
 - 16. A structurally reinforced composite comprising the particle of claim 1.
- 17. The composite of claim 16, wherein the metal carbide is silicon carbide.

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- 18. An electrochemical storage medium comprising the particle of claim 1.
- 19. A hydrogen storage medium comprising the particle of claim 1.
- The storage medium of claim 18 or 19, wherein the metal carbide is silicon c. ...de.
 - 21. A composition comprising a particle including substantially denselyarbon nanoparticles.
- The composition of claim 21, wherein the carbon nanoparticles include fullerenic carbon.
 - 23. The composition of claim 21, wherein the carbon nanoparticles include a single-walled or multi-walled carbon nanotube or a nanofiber.
 - 24. The composition of claim 23, wherein at least one end of the nanotube or nanofiber is closed.
- 25. The composition of claim 23, wherein at least one end of the nanotube or nanofiber is open.
 - 26. The composition of claim 21, further comprising a coating of metal or metal oxide on the carbon nanoparticles.
- 27. An abrasive particle comprising substantially densely-packed carbon25 nanoparticles.
 - 28. The particle of claim 27, further comprising a coating of metal oxide or metal on the carbon nanoparticles.

- 29. A grinding or finishing product comprising the composition of claim 21.
- 30. The product of claim 29, wherein the product is a grinding wheel, cutting wheel, coated abrasive, or suspension of abrasive particles in a liquid.
- 31. A structurally reinforced composite comprising the composition of claim 21.

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- 32. An electrochemical storage medium comprising the composition of claim 21.
 - 33. A hydrogen storage medium comprising the composition of claim 21.
- 10 34. A method of manufacturing an article including a carbon nanoparticle on a surface of the article comprising:

heating an article including a metal carbide in a first atmosphere for a period of time to generate at least one carbon nanoparticle nucleus on the surface of the article, the first atmosphere being an oxidizing atmosphere relative to the metal carbide; and

heating the article including at least one carbon nanoparticle nucleus in a second atmosphere to grow the carbon nanoparticles on the surface of the article.

- 35. The method of claim 34, wherein the second atmosphere includes an inert gas.
- 20 36. A method of manufacturing an article including a carbon nanoparticle on a surface of the article comprising:

heating an article including a metal carbide in an oxygen-containing gas atmosphere at a temperature at which the metal carbide is in an active oxidation regime and carbon is in a graphite stability regime.

- 37. The method of claim 34 or 36, wherein the atmosphere includes CO or a mixture of CO and CO₂.
 - 38. A method of manufacturing an article including a carbon nanoparticle on a surface of the article comprising heating an article including a metal carbide in an inert gas atmosphere at a temperature between 1000 °C and 2000 °C.

- 39. The method of claim 38 wherein the inert gas includes a gas selected from the group of helium, hydrogen, argon, and a nitrogen-hydrogen mixture.
- 40. The method of claim 38, further comprising heating the article including the metal carbide to nucleate a carbon nanoparticle prior to heating the article including the metal carbide in an inert gas atmosphere at a temperature between 1000 °C and 2000 °C.

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- 41. The method of claim 34, 36, or 38, wherein the carbon nanoparticle includes fullerenic carbon.
- 42. The method of claim 34, 36, or 38, wherein the metal carbide is silicon carbide.
 - 43. The method of claim 34, 36, or 38, wherein the pressure is greater than 10^{-3} Torr.
 - 44. The method of claim 34, 36, or 38, wherein the pressure is greater than 10^{-2} Torr.
- 15 45. The method of claim 34, 36, or 38, wherein the temperature is between 1200 °C and 2000 °C.
 - 46. A method of forming a composite comprising:
 dispersing carbon nanoparticles in a matrix including an oxide of a first metal; and
 - contacting the matrix with a reducing agent to reduce the oxide of the first metal.
 - 47. The method of claim 46, wherein the reducing agent is a second metal.
 - 48. The method of claim 46, wherein the first metal is copper, iron, lead, nickel, cobalt, tin, zinc, sodium, chromium, manganese, tantalum, vanadium, or boron.
 - 49. The method of claim 47, wherein the second metal is silicon, titanium, aluminum, cerium, lithium, magnesium, calcium, lanthanum, beryllium, uranium, or thorium.